DEPARTMENT OF PHARAMCEUTICAL SCIENCES
SAURASHTRA UNIVERSITY, RAJKOT

CREDITS	TOTAL LEARNING HOURS	TOTAL MARKS	PASSING MARKS	COURSE COMPONENT
02	**30**	**50**	**18**	Value Added Course (VAC)

VALUE ADDED COURSE
COURSE NAME: INTERPERSONAL SKILLS DEVELOPMENT

Course Objectives:

This course will discuss about basic concepts of

1. To enhance the personality and improve communication as well as presentation skills of students.

2. To bridge the gap between knowledge and communications skills.

3. To develop talent, facilitate employability enabling the incumbent to excel and sustain in a highly competitive world.

4. To bring about personality development with regard to the different behavioural dimensions that have far reaching significance in the direction of organisational effectiveness.

5. To make students know about self-awareness, life skills, soft skills, need for personal development etc.

Course Outcomes:

Upon successful completion of this course, the students will be able to

1. Identify the general meaning of the term Interpersonal skills

2. Practice Soft skill communication, observe listening, different techniques to develop Interpersonal skills

3. Develop Interpersonal skills at work place

4. Maintaining good human relation while playing multiple roles in community.

5. Learn to balance confidence with humility and overcome problems associated with personality.

Unit	Description	Number of Hours
I	**PERSONALITY DEVELOPMENT** • Introduction to Personality Development The concept of personality. • Various aspects of Personality development. • Attitude - Concept -Significance -Factors affecting attitudes – Positive attitude–Advantages –Negative attitude-Disadvantages • Ways to develop positive attitude, personality development theory.	10
II	**INTERPERSONAL** • Meaning, Interpersonal relationship • Interpersonal communication • Interpersonal barriers of communication • Interpersonal and Intrapersonal communication **INTERPERSONAL SKILLS** • Meaning, Importance of I.P. Skills • Types of I.P. Skills **HOW TO DEVELOP INTERPERSONAL SKILL** • Interpersonal skill development behaviour • Interpersonal skill development at workplace • Techniques to develop Interpersonal skills	10
III	**EMPLOYABILITY, SOCIAL AND CORPORATE ETIQUETTES** • Developing negotiation skills, self-presentation, creating a brand for self, stress management etc • Employability Quotient Resume building- • Various AI Based tools for resume preparation. • The art of participating in Group Discussion – Facing the Personal (HR & Technical) Interview -Frequently Asked Questions - Psychometric Analysis - Mock Interview Sessions.	10